**Alka Hospital Pvt.Ltd**

**Alka Institute of Medical Sciences**

**Hattiban; Lalitpur**

**Proficiency Certificate Level in Nursing**

**Third Curriculum**

**year program**

**Submitted to:**

**PBBN 2nd year faculty**

**Submitted by:**

**Hasina Devkota; roll no: 12**

**Mona Sunuwar; roll no: 17**

**Samunta Ghising; roll no: 30**

**Acknowledgement**

We the students of PBBN 2nd year have got great opportunity to develop syllabus for our learning and professional development. Therefore we are very lucky as we got a chance to fulfillment of syllabus development according to our curriculum.

Heartly, we would like to express our deepest gratitude and special thanks to Purbanchal University for providing us this opportunity through our curriculum.

We would like to give sincere thanks to Alka Institute of Medical Sciences college for allowing us to develop syllabus in Alka college.

We would like to express our deepest sense of gratitude to the coordinator of PBBN 2nd year and subject teacher (Educational Science) madam Deo Kumari Rai for the guidance and valuable suggestions for syllabus development. Similarly, we would like to thank PBBN 2nd year faculty teachers for their instance guidance and supports.

Lastly, we would like to express our gratitude towards all my friends for their directly or indirectly support to completion of syllabus development. Hoping this cooperation will be continue in future.

Thank you all!

**Background**

According to the PBBN 2nd year curriculum, we have to do teaching learning. So that we got chance to perform practical in proficiency certificate level (PCL) 3rd year.

In teaching learning practicum, we were assigned for Midwifery and Gyanecology Nursing I subject as a trainee teachers.

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**Introduction**

The CTEVT started PCL Nursing in 1999 A.D(2056B.S.). CTEVT started using the TU IOM curriculum for PCL Nursing with the permission of TU IOM. With the changing health need CTEVT took action to develop its own curriculum for PCL Nursing. As PCL nursing is one of the prominent field. It plays major role to provide health care sector which focused on care of individual, family and community. Nursing profession is helping the world in different sector for example improving health, employment opportunity and contributing in national economic development. This curriculum is designed with the purpose of knowledge and skill which will be helpful to dealing the individual needs as well as national needs in the field of nursing profession.

Nepal government has adopted the national policy for attainment of “Health for all” beyond the year 2000A.D. through the use of the primary of the primary health care approach. As a result CTEVT got the mandate to produce middle level trained workforce through CTEVT as well as CTEVT affiliated institution.

**Philosophy**

Major components tries to provide basic knowledge on the care of women health related to pregnancies to the midwives and develop relationship with other health professionals and with clients.

**Program Objective:**

Upon completion of the program the graduate will be able to:

* Utilize a sound knowledge base in giving care to well and sick individuals, families and communities.
* Implement preventive and therapeutic measures and directed toward promotion, maintenance and restoration of health.
* Utilize communication skills effectively while communicating with individuals and groups in a variety of stings.
* Apply the nursing process in providing and improving health care.
* Collaborate with multi-sectorial groups to develop a healthful environment, including safe drinking water, environmental sanitation and other comprehensive approaches in the community.
* Demonstrate a positive attitude and respect for cultural values and health practices in working to meet needs and solve problems.
* Continue to seek new knowledge for personal and professional knowledge growth.

**Conceptual frame work:**

Widen the scope

Preventive care and counselling

zomenant

Quality of practice

**Teaching Learning Methodologies:-**

**Theory:-**Lecture, Discussion, Interaction, Assignment, Group work, Presentation

**Practical**:-Clinical, Demonstration, Observational visit, Self-practice, Institutional clinical practices

**Evaluation:-**

* **Internal evaluation**

2o% of internal evaluation of students is done through:

* Internal assessments
* Assignment
* Presentation
* Performance evaluation
* **External evaluation**

80% of external evaluation of students is done through:

* Board examination

**Course structure of PCL 3rd year Nursing**

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| --- | --- | --- | --- | --- | --- |
| **S.N** | **Course Structure** | **Name of the subject** | **Theory hour** | **Practical hour** | **Remarks** |
| 1. | 524 | Midwifery and Gyanecological Nursing I (T) | 50 |  |  |
| 2. |  | Midwifery and Gyanecological Nursing I (P) |  | 25 |  |
| 3. | Total |  | 50 hours | 25 hours | 75 hours |

**Midwifery and Gynecological Nursing-I (Theory)**

**Course Number: 524**

**Hours: 50 hours**

**Placement: Third Year**

**Marks: 50**

|  |  |
| --- | --- |
| **Course Description** | **Course Objectives** |
| This course provides knowledge to the students about antenatal care in different settings for e.g hospital setting, community setting etc. This course also focuses on management of normal and abnormal pregnancies which requires immediate interventions. | At theend of the course students will be able to:   * Define different terminologies related to antenatal care. * Perform the complete antenatal examination of women * Identify the normal and abnormal pregnancy * Prepare the women for different screening test during antenatal period * State the abnormalities arising during pregnancy and describe the management including referral * Provide appropriate health teaching to women and family to ensure safe motherhood |

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| --- | --- | --- | --- | --- | --- |
| Unit | Objectives | Content | Hour | T/L  Activities | Evaluation |
| 1 | Define different terminologies related to disease conditions    Explain about disease condition, its effects on pregnancy and its management | Disease associated during pregnancy :-   * 1. Different terminologies related to disease conditions.   2. Disease and their treatment * Anemia * Cardiac disease * Tuberculosis * Sexually Transmitted diseases and HIV/AIDS * Jaundice * Diabetes * Rh incompability   1. Effects of disease on: * Pregnancy * Labor * Puerperium   1.3 Nursing management of diseases associated with pregnancy | 8hrs | Interactive lecture and discussion  Interactive lecture and discussion | Learners response to questions  Written exam  Learners response to questions  Written exam |
| 2 | State the female reproductive organs and its functions  Explain about malformation and infection about female reproductive organs  Explain about genital infections and its treatment | Mal presentation and Genital infection:-  2.1 Review of female reproductive organ and its function in brief.  2.2 Mal formations and infections of female reproductive organs:   * Mal position and mal formation * Abnormal menstrual bleeding * Dysfunctional uterine bleeding   2.3 Genital infection:   * Types of genital infection and their treatment: * Vaginitis * Vaginal candidiasis * Trichomonas vaginitis * Salphingitis * Cervical erosion * Oophoritis | 4hrs  3hrs | Interactive lecture and discussion  Interactive lecture and discussion | Learners response to questions  Written test  Learners response to questions  Written test |
| 3 | Explain the sexually transmitted diseases  State the effects on pregnancy and nursing management of STI’S | Sexually transmitted infections:-  3.1 Introduction of sexually transmitted infections  3.2 sexually transmitted infection and its management during pregnancy:   * Gonorrhea * Syphilis * Hepatitis B * Chlamydia * Monoliasis, Trichomoniasis * HIV/AIDS   3.3 Effects of disease on:   * Pregnancy * Labor * Puerperium   3.4 Nursing management of sexually transmitted disease during pregnancy | 8hrs | Brain storming  Lecture  discussion | Learners response to question  Written test |
| 4. | Explain the disorders of pregnancy  Describe the major disorders of pregnancy | Disorders of pregnancy and their nursing management:-  4.1 Introduction of different disorders of pregnancy  4.2 Major Disorders of pregnancy:   * Hyper-emesis gravidarum * Pregnancy induced hypertension | 2hrs  2hrs | Lecture and discussion  Lecture and  discussion | Learners response to question  Written exam  Learners response to question  Written exam |

**Midwifery and Gyanecological Nursing I(Practical**)

**Course Number: 525**

**Hours: 25**

**Placement: 3rd year**

**Marks: 25**

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| --- | --- |
| **Course Description** | **Course Objectives** |
| This course enables the students to apply knowledge in order to develop skill in managing women with normal and abnormal pregnancy in different health settings. | At the end of the clinical practice, students will be able to:   * Set up the antenatal clinic in different settings * Perform antenatal examinations * Assess the pregnant women to find out normal/abnormal pregnancy * Prepare the pregnant women and family members for safe delivery and complication readiness * Provide necessary care to pregnant women according to their need |

|  |  |  |  |
| --- | --- | --- | --- |
| **Unit** | **Objectives** | **Clinical Activities** | **Evaluation** |
| 1 | Antenatal assessment | * Set up antenatal clinic in different settings * Take history of women in detailed * Perform physical examination * Monitor the maternal and fetal well being * Prepare the women for antenatal screening tests | Perform antenatal examination of women |
| 2. | Identify the high risk pregnancy | Identification for high risk pregnancies:-   * Vaginal bleeding * Associated medical disorders * Hyperemesis gravidarum * Rh. Incompability * Malpresentation * Malposition * Other conditions eg HIV infection, Hepatitis B | Prepare the women for various screening tests |
| 3. | Provide health teaching according to need of women | Health Teaching:-   * Antenatal care, antenatal nutrition, antenatal exercises * Antenatal visit | Perform health teaching |
| 4. | Documentation | Recording and reporting of antenatal care | Perform report writting |

**References**

* Tui Tui, R. Manual of Midwifery Part I(9TH edition). Vidhyarthi Publication, Bhtahity.
* Gautam, S and Subedi,D.(2011). Midwifery Part-I, II,III

**Evaluation Scheme**

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| **S.N.** | **Subject** |  | | **Theory course** | | | **Practical course** | | | | | |
| 1 | Midwifery I | Total hour | Total marks | Marks distribution | | Final exam | Total hour | Total marks | Marks distribution | | Final exam |
|  |  | Internal | External | Internal | External | Pass marks |
| 50 hours | 50 marks | 10 marks | 40 marks | 50% | 25 hour | 50 marks | 25 | 25 | 25% |
| 2 | Total | 50 hours | 50 marks |  |  |  | 25 hours | 50 marks |  |  |  |

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